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# GIGI<sup>®</sup>

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GOD'S IMAGE

winter issue 2014

ARE  
YOU  
BEAUTY  
OR THE  
BEAST?

*Lies, lies and  
more lies!*

*Inside Scoop*

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TAKE  
YOUR  
COLOUR  
QUIZ

MEET OUR  
COVER GIRL

**SHANIA**

IS THE APPLE  
POISONED?

POWER OF PRAYER  
WILL I WALK AGAIN?

ARE YOU WONDERING  
IN THE ICY WILDERNESS?

# COLOUR MY DRESS

## "WHAT COLOURS SUIT ME?"

By Kash O'Hara, The Style Agency  
- Personal and Celebrity Stylist

With the Year 12 formal fast approaching, you've no doubt begun your frantic search for that breathtaking dress. And if you're like most girls, you won't rest until you've found THE ONE: the one you feel absolutely perfect in, the one that makes you feel special, the one that suits you down to the ground!

### A FEW MUST-DOS WHEN DRESS HUNTING:

- KEEP WITHIN YOUR BUDGET
- GO WITH SOMEONE YOU ABSOLUTELY TRUST
- FIND THE RIGHT STYLE FOR YOU
- FIND THE PERFECT COLOUR FOR YOUR SKIN TONE

Today, The Style Agency covers the last two of these essentials to finding your perfect dress.



One of the most important things I look at when working with girls, is their colouring. Their colouring is made up of their skin tone, eye colour and hair colour, and by knowing this I can find colours that will take them from drab to fab!

By choosing the most flattering shades of colour, your skin instantly looks smoother and brighter, your hair shines, your eyes sparkle and you glow. However, choosing the wrong colours can wash you out and make your skin look dull.

Have you ever wondered why your friend looks amazing in a certain dress, but when you borrowed it, it was all wrong and did nothing for you? It's probably because it was in a colour that someone with your skin tone should stay away from.

Choosing the right colours to wear can be narrowed down to two main categories: cool (winter) or warm (summer) skin tones.

### TRY KASH'S SKIN TONE TEST

Use my simple five step test to determine which category you fall into:

#### 1. Firstly, turn your arm over and look at the veins on the inside of your wrist. Do they look;

- a) blue/purple
- b) greener

If they're bluer you will have a cooler skin tone. Greener means you have a warmer skin tone.

#### 2. If you go out in the sun with no sun cream, do you burn;

- a) easily or
- b) tan

If you burn easily, you're usually more of a cooler skin tone, and if you tan, then your skin is likely to be warmer in tone.

#### 3. What coloured accessories look better on you?

- a) Silver
- b) Gold

Silver indicates a cooler skin tone and gold indicates a warmer skin tone.

#### 4. What colour are your eyes?

- a) Golden brown, green, blue, hazel with gold flecks
- b) Black or deep brown, grey, steel blue, or hazel with grey flecks

If you answered a), you have cooler undertones. If you answered b), then you have warmer undertones.

#### 5. What colour was your hair when you were young?

- a) Jet black, ash blonde, or a shade of brown with no visible red undertones
- b) Gold, red, reddish brown or strawberry blonde

If you answered a) then your skin tone will be generally be cooler. If you answered b) then your skin tone is generally warmer.

If you have mostly cool answers, you fall into the cool category. If you have more warm answers, then you fall into the warm category. Finally, if you have a fairly even mix of answers, then you fall into a 'neutral' category.

### COOL SKIN TONES

So what does it mean if I have cool undertones and what colours should I wear? Cool colours are those that have a blue undertone. Imagine a crisp and stark winter's day with pure white snow, enhanced by crimson sky, icy shades of grey, blue, pink, fuchsia, purple, burgundy, slate-grey, black and white. These colours will all look great on you.

Cool skin tones should avoid beige, orange, brown and gold.

### WARM SKIN TONES

If you fall into the warm category then colours with a yellow undertone (rather than blue) are best for you. Think of walking in the park on a beautiful sunny autumn day. Rich shades of gold, orange-brown, yellowish-green (khaki), burnt red, camel and beige are your best colours.

### NEUTRAL SKIN TONES

Lucky you, all colours look good on you! However, you'll find that most people with neutral skin tones sway more one way than the other; so while a warm colour may look good on you, a cool colour would look fabulous. Or the other way around!

Still confused and need more help? Book a stylist appointment with me at The Style Agency, contact [infor@thestyleagency.com.au](mailto:infor@thestyleagency.com.au)

Phone: 1300 N STYLE (1300 678 953)  
Email: [info@thestyleagency.com.au](mailto:info@thestyleagency.com.au)

Now that you know what colour suits your skin tone – it's time to know what style suits your beautiful individual body shape!

## DON'T STRESS

About Your Dress...  
We can all steal the show

*Sinead Hargreaves – Editorial & Personal Fashion Stylist, THE STYLE AGENCY*

It's that time of year again and you can't find anything to wear! Don't stress! We will find that dress!

First things first: we all need to look at ourselves and see the beauty in each and every body shape (especially our own). By identifying what body shape you have, you can then determine what will best suit you.

Remember, dresses come in all shapes and sizes for a reason – we're not all the same, and oh how boring it would be if we were! So stop fretting over finding something that you feel great in, and enjoy the beautiful woman that you are.

Here are some basic style tips to help you find the perfect dress – the one suited to your body type. This means you can always look your best no matter what's in style.

## HOUR GLASS

**You have a shapely, balanced figure. Your hips and bust are both curvaceous and you have a well-defined waist.**



You have one of the most desired shapes, so make use of it at this year's events!

The key here is to showcase your beautiful shape, but don't give it all away. A sleeveless dress with a low neckline and flowing with the shape of your beautiful bustline and hips works really well. Avoid showing too much skin so that you remain classy and stylish.



Hourglass

## PEAR

**A larger hip measurement than bust measurement, and defined waist.**

We want to balance your top and bottom, so keeping a similar amount of fabric up top and down the bottom is extremely important. A wide boat neck with a small sleeve looks beautiful on you. Detailing at the neckline is perfect and you can easily wear a one-shoulder top to draw interest to your lovely upper body.

The bottom of your dress should be an A-line bottom that glides over your curves, casting a beautiful, feminine silhouette. Alternatively, choose a straight cut but ensure it has lining to pull in any saddlebags that may be apparent. This, in turn, will smooth down the thigh area and create a nice balance between top and bottom.



Pear

# PETITE

**You could have a slender or curvy body, but it's usually in proportion. 'Petite' girls are always shorter than average.**



Your body is in proportion to your size, but you can feel taller by putting yourself in a princess line dress, which comes in at the waist and has a high neckline.

This dress should fall above the knee line, and with a killer pair of heels your legs will look elongated. Choosing a bold colored fabric that suits your complexion will draw the eyes up, making you seem taller. An asymmetrical hemline will also give a sense of length.



# RECTANGLE

**Your shoulders are about the same width as your hips. You have a body shape that you might call 'straight up and down'.**

You have a terrific naturally-athletic build, but sometimes find it hard to display your femininity.

Avoid using square, symmetrical lines with your body-shape and go with angles and asymmetrical lines. Choose soft, flowing fabrics. A wonderful capped sleeve dress that tapers in at the waist, helping to create curves – whilst creating soft draping lines around your body – will add to your femininity.



# ROUND/APPLE

**The majority of your weight is stored in the middle area. 'Apples' tend to have bigger busts and no waist, but good legs.**



Keep the dress line straight and slightly fitted. The fabric needs to be soft so you can avoid unnecessary bulk around the bust, waist and tummy. A V-neck is perfect for breaking up bulk in the bust.

Go for details above the bust line and below the hip line – then, for everything in between, keep it plain and simple. A shorter dress works well on you.



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